Contact us

MAIN OFFICE

Website: Careprogram.ucla.edu Email: Care@careprogram.ucla.edu

Phone: 310-206-2465

Address: 330 De Neve Dr.

205 Covel Commons Los Angeles, CA, 90095

ADVOCATES

Email: advocate@careprogram.ucla.edu

Request an Appointment:

careprogram.ucla.edu/request-an-

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PREVENTION

Email: Prevention@careprogram.ucla.edu

Request a Workshop:

careprogram.ucla.edu/care-workshop-

request

24/7 Crisis Hotline (310) 206-2465 then press 4

You can get assistance from CARE Advocates without formally reporting an assault.

Confidential Resources

COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)

counseling.ucla.edu (310) 825-0768

Counselors are available by phone 24 hours

a day.

RAPE TREATMENT CENTER UCLA MED. CENTER SANTA MONICA

rapetreatmentcenter.org (424) 259-7208 1250 16th Street Santa Monica, CA 90404

Support is available 24 hours a day.

STUDENT LEGAL SERVICES

studentlegal.ucla.edu (310) 825-9894 A239 Murphy Hall Open weekdays 9:00 am to 12:00 pm, 1:00 pm to 5:00 pm

Reporting Options

TITLE IX OFFICE

sexualharassment.ucla.edu titleix@equity.ucla.edu (310) 206-3417 2241 Murphy Hall Open weekdays 9:00 am to 5:00 pm

UCLA POLICE DEPARTMENT (UCPD)

ucpd.ucla.edu (310) 825-1491 info@ucpd.ucla.edu 601 Westwood Plaza Open weekdays 9:00 am to 5:00 pm











We are here to support you.

If you are a survivor of sexual violence and/or relationship violence, we are here to support you and your decisions.

CARE is committed to the eradication of sexual and gender-based violence through creating and sustaining a safe, healthy, and equitable community for all people.



CARE has three branches: Education, Advocacy, and Healing.

Combined these three components allow us to address primary, secondary, and tertiary levels of prevention providing a comprehensive approach in service of our mission.

Advocacy

CARE Advocates are here to provide confidential support, empowerment and a safe space for survisors of sexual violence and/or relationship violence

ADVOCATE SERVICES:

- Crisis intervention and emotional support
- Resources/referrals
- Navigating the criminal justice system, Title IX, and/or the Student Conduct Process
- Accompaniment to police, Title IX, and/or Student Conduct interviews, meetings, and hearings
- Obtaining a Restraining Order
- Healing and Empowerment
- and more...

Prevention

CARE provides comprehensive outreach and prevention education to the campus community on sexual assault, dating and domestic violence, and stalking.

AVAILABLE WORKSHOPS:

- Sexual Violence and the Media
- Intersections of Identity, Consent, and Supporting Survivors
- Redefining Power to Create Healing-Engaged Spaces
- Recognizing the Red Flags
- and more.

"THERE IS NO THING AS A SINGLE-ISSUE STRUGGLE BECAUSE WE DO NOT LIVE SINGLE-ISSUE LIVES."

Audre Lorde

Healing

Healing from trauma can be a journey. CARE offers alternative forms of healing for survivors including yoga, journaling, music, and art.

HeART

HeART offers
survivors a safe
space to explore
healing,
emotions, and
identities
creatively
through art.

A W(rite) to Heal

A four-week
virtual
journaling
series focusing
on healing and
empowerment
for survivors.

Trauma-Informed Yoga

Yoga as Healing offers survivors a safe space to gain greater awareness around strength, stability, assertiveness, and mindfulness.

Hope & Healing

Mindful exercises,
journaling &
guided meditation
geared towards
survivors to
promote healing
at your own pace

For all our healing programs and to sign up visit: careprogram.ucla.edu/healing-programs-