Contact us

MAIN OFFICE
Website: Careprogram.ucla.edu
Email: Care@careprogram.ucla.edu
Phone: 310-206-2465
Address: 330 De Neve Dr.
205 Covel Commons
Los Angeles, CA, 90095

ADVOCATES
Email: advocate@careprogram.ucla.edu
Request an Appointment:
careprogram.ucla.edu/request-an-appointment

PREVENTION
Email: Prevention@careprogram.ucla.edu
Request a Workshop:
careprogram.ucla.edu/care-workshop-request

Confidential Resources

COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS)
counseling.ucla.edu
(310) 825-0768
Counselors are available by phone 24 hours a day.

RAPE TREATMENT CENTER
UCLA MED. CENTER SANTA MONICA
rapetreatmentcenter.org
(424) 259-7208
1250 16th Street
Santa Monica, CA 90404
Support is available 24 hours a day.

STUDENT LEGAL SERVICES
studentlegal.ucla.edu
(310) 825-9894
A239 Murphy Hall
Open weekdays 9:00 am to 12:00 pm,
1:00 pm to 5:00 pm

Reporting Options

TITLE IX OFFICE
sexualharassment.ucla.edu
titleix@equity.ucla.edu
(310) 206-3417
2241 Murphy Hall
Open weekdays 9:00 am to 5:00 pm

UCLA POLICE DEPARTMENT (UCPD)
ucpd.ucla.edu
(310) 825-1491
info@ucpd.ucla.edu
601 Westwood Plaza
Open weekdays 9:00 am to 5:00 pm

You can get assistance from CARE Advocates without formally reporting an assault.

24/7 Crisis Hotline
(310) 206-2465 then press 4

Resources and options for survivors of sexual violence
CARE is committed to the eradication of sexual and gender-based violence through creating and sustaining a safe, healthy, and equitable community for all people.

** Advocacy **

CARE Advocates are here to provide confidential support, empowerment and a safe space for survivors of sexual violence and/or relationship violence.

** ADVOCATE SERVICES:**
- Crisis intervention and emotional support
- Resources/referrals
- Navigating the criminal justice system, Title IX, and/or the Student Conduct Process
- Accompaniment to police, Title IX, and/or Student Conduct interviews, meetings, and hearings
- Obtaining a Restraining Order
- Healing and Empowerment
- and more...

** Prevention **

CARE provides comprehensive outreach and prevention education to the campus community on sexual assault, dating and domestic violence, and stalking.

** AVAILABLE WORKSHOPS:**
- Sexual Violence and the Media
- Intersections of Identity, Consent, and Supporting Survivors
- Redefining Power to Create Healing-Engaged Spaces
- Recognizing the Red Flags
- and more.

**Healing**

Healing from trauma can be a journey. CARE offers alternative forms of healing for survivors including yoga, journaling, music, and art.

<table>
<thead>
<tr>
<th>HeART</th>
<th>A W(rite) to Heal</th>
<th>Trauma-Informed Yoga</th>
<th>Hope &amp; Healing</th>
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<td>HeART offers survivors a safe space to explore healing, emotions, and identities creatively through art.</td>
<td>A four-week virtual journaling series focusing on healing and empowerment for survivors.</td>
<td>Yoga as Healing offers survivors a safe space to gain greater awareness around strength, stability, assertiveness, and mindfulness.</td>
<td>Mindful exercises, journaling &amp; guided meditation geared towards survivors to promote healing at your own pace.</td>
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